



FROZEN BAKERY CATALOG

FULL RANGE



WHO WE ARE

Among the members of the Szafi Group is one of Hungary's largest vegan, gluten-free and soy-free flour and dry mix factories, as well as our bakery and pastry factory working with our own developed flours. In addition, our development and quality control laboratory, as well as our extensive wholesale and retail network, also contribute to our success.

The raw materials of our products are selected through detailed and strict processes in order to avoid cross-contamination and guarantee gluten- and soy-freeness. We have been working for 10 years to help people live healthier.

Our portfolio consists of more than 400 own-brand, self-developed products from 4 product lines (Szafi Reform, Szafi Free, Szafi Life, Szafi Bakery).

Thanks to our unique quality assurance system in Hungary, product safety and product quality in our factories are outstanding compared to similar players on the market. Our flour and dry product mixing units have an IFS certificate that is renewed every year, with an outstanding rating of over 93%.

In order to ensure high safety, our products are regularly tested in our own laboratory in addition to our external, accredited measurement partners. In all cases, our unique developments are made only from natural and controlled raw materials, excluding beet sugar, artificial sweeteners, preservatives, artificial flavors, artificial colors, and silicate-based lubricants and carriers.



ANITA IPSITS & GÁBOR IPSITS
Owners and Managing Directors of
Szafi Products Ltd.



WHY CHOOSE US

SIMPLICITY AND EFFICIENCY: Our solutions allow you to meet the needs of your guests with food allergies and diets using your current team, technology and devices.

ADJUSTED TO MARKET NEEDS: Our product developments respond quickly to market needs, solving many problems with a single solution.

NO ADDITIONAL RESOURCES REQUIRED: Our products can be stored in the freezer together with other products. Most of them need to be thawed at room temperature and are ready to eat, our scones only need to be baked.

FAST AND COMPLEX SOLUTIONS: As a result of a long development process and unique production, we offer solutions that can increase customer satisfaction.

GLUTEN-FREE, SOY-FREE, LACTOSE-FREE: All our products are guaranteed gluten-free, soy-free and at least lactose-free, thus ensuring the satisfaction of a wide range of needs.

TASTE: The excellent quality of our products is ensured by many years of development and continuous response to market needs.

FOOD SAFETY

We are proud that Szafi Group has IFS (International Featured Standards) and HACCP (Hazard Analysis and Critical Control Point) certificates. They reflect our commitment to the highest levels of food safety and quality.

These certificates guarantee our customers that our products are made in a safe and controlled environment, in compliance with strict international standards.



SAFETY AND QUALITY

The IFS and HACCP certificates guarantee that our products meet the highest standards of food safety and quality.

RELIABILITY

Our certifications increase the credibility and reliability of the company, so you can be sure that you are working with a stable and responsible partner.

MARKET ADVANTAGES

Certifications help open new markets and strengthen customer confidence, benefiting both distributors and consumers.



OUR CERTIFICATES

Hazard Analytics Critical Control Point
International Featured Standards



PRODUCT RANGE

AWARD WINNING PRODUCTS



“FREE-FROM” HAMBURGER BUN

QUALITY FUNCTIONAL PRODUCTS
COMPETITION 2023

CATEGORY WINNER



VIENNESE CHEESE AND PUMPKIN SEED PRETZEL

2023. GLUTEN-FREE BREAD AND
PASTRY COMPETITION /UNFILLED
PASTRY/

2ND PLACE



SORDOUGH LOAF

2023. GLUTEN-FREE BREAD AND
PASTRY COMPETITION

2ND PLACE



PASTRY WITH PLUM JAM FILLING

2023. GLUTEN-FREE BREAD AND
PASTRY COMPETITION

3RD PLACE



SORDOUGH LOAF



Gluten-free

Dairy-free

Soy-free

Vegan

 Gluten-free

 Egg-free

 Soy-free

 Vegan

 Dairy-free











Product Description:

- Gluten-free-, soy-free-, egg-free, vegan product. An extremely filling, substantial, and fiber-rich pastry.
- 340 g
- FB: fully baked frozen product. Only requires thawing at room temperature and is ready to eat. (no need to bake further)

Nutritional value

Average nutritional value	in 100 g product	in 1 portion (340 g)
Energy:	870 KJ/207 kcal	2958 KJ/704 kcal
Fat:	4,8 g	16,3 g
*in which saturated fatty acids:	0,7 g	2,4 g
Carbohydrate:	32,4 g	110 g
*of which sugars:	0,6 g	2,0 g
Fiber:	7,6 g	25,8 g
Protein:	4,8 g	16,3 g
Salt:	1,7 g	5,78 g

Ingredients

Ingredients:
Gluten-free millet flour
Drinking water
Oat sourdough (oat flour, drinking water, yeast)
Tapioca starch
Plant fibers (bamboo fiber, psyllium husk powder)
Sunflower oil
Himalayan salt
Yeast
Acidity regulator (citric acid)
Bulking agent (sodium bicarbonate/baking soda)

*The product may contain traces of sesame seeds, mustard seeds, celery, nuts, sulfites and lupins.

SOFT WHITE BREAD



Gluten-free

Vegan

Reduced carb content

Low fat

 Gluten-free  Dairy-free  Soy-free  Vegan  Egg-free  Low carb  Low fat

Product Description:

- Gluten-free, yeast-free, low-fat bread, perfect as a base for sandwiches, French toast, or even alongside a plate of delicious ratatouille.
- 30% reduced carbohydrate content (compared to similar products).
- 465 g
- FB: fully baked frozen product. Only requires thawing at room temperature and is ready to eat. (no need to bake further)

Nutritional value

Average nutritional value	in 100 g product
Energy:	738 kJ/175 kcal
Fat:	0,5 g
*in which saturated fatty acids:	0,2 g
Carbohydrate:	33,6 g
*of which sugars:	0,6 g
Fiber:	7,6 g
Protein:	5 g
Salt:	1,2 g

Ingredients

Ingredients
Gluten-free millet flour
Tapioca starch
Plant fibers (bamboo fiber, psyllium husk powder)
Drinking water
Acidity regulator: apple cider vinegar (sulfites), citric acid
Pink Himalayan salt
Bulking agent (sodium bicarbonate)

*The product may contain traces of sesame seeds, mustard seeds, celery, nuts and lupins.

CHIA SEED BREAD



Gluten-free

Vegan

Reduced carb content

Rich in dietary fiber



Gluten-free



Dairy-free



Soy-free



Vegan



Egg-free



Low carb

Product Description:

- A rustic-looking, golden-brown loaf, free from lactose, milk, and eggs.
- 40% reduced carbohydrate content (compared to similar products).
- 480 g
- FB: fully baked frozen product. Only requires thawing at room temperature and is ready to eat. (no need to bake further)

Nutritional value

Average nutritional value	in 100 g product	in 1 portion(480 g)
Energy:	779 kJ/185 kcal	3739 kJ/888 kcal
Fat:	3,7 g	17,7 g
*in which saturated fatty acids:	0,6 g	2,9 g
Carbohydrate:	29,5 g	141,6 g
*of which sugars:	0,6 g	2,9 g
Fiber:	7 g	33,6 g
Protein:	4,9 g	23,5 g
Salt:	1,3 g	6,24 g

Ingredients

Ingredients	
Gluten-free millet flour	
Tapioca starch	
Plant fibers (bamboo fiber, psyllium husk powder)	
Drinking water	
Acidity regulator: apple cider vinegar (sulfites), citric acid.	
Chia seed (4%)	Sunflower oil
Baker's Yeast	Pink Himalayan salt
Bulking agent (sodium bicarbonate)	

*The product may contain traces of sesame seeds, mustard seeds, celery, nuts and lupins.

MULTIGRAIN BREAD



Gluten-free

Dairy-free

Reduced carb content

Vegan



Gluten-free



Dairy-free



Soy-free



Vegan



Egg-free



Low carb

Product Description:

- Yeast-free bread with slow-releasing carbohydrates based on buckwheat and millet flour, mixed with a twist linseed, sesame seed, sunflower seed and pumpkin seed.
- 40% reduced carbohydrate content (compared to similar products).
- 500 g
- FB: fully baked frozen product. Only requires thawing at room temperature and is ready to eat. (no need to bake further)

Nutritional value

Average nutritional value	in 100 g product	in 1 portion (500 g)
Energy:	1048 kJ/251 kcal	5240 kJ/1255 kcal
Fat:	8,5 g	42,5 g
*in which saturated fatty acids:	1,3 g	6,5 g
Carbohydrate:	29,4 g	147 g
*of which sugars:	0,9 g	4,5 g
Fiber:	11,7 g	58,5 g
Protein:	8,3 g	41,5 g
Salt:	1,5 g	7,5 g

Ingredients

Ingredients	
Gluten-free flour blend (buckwheat flour, millet flour)	
Tapioca starch	
Plant fibers (bamboo fiber, psyllium husk powder)	
Drinking water	
Seeds in varying proportions (brown flaxseed, sesame seeds, hulled sunflower seeds, and pumpkin seeds)	
Acidity regulator: apple cider vinegar (sulfites), citric acid.	
Pink Himalayan salt	Bulking agent (sodium bicarbonate)

*The product may contain traces of mustard seeds, celery, nuts and lupins-

SOURDOUGH BREAD WITH ROASTED RED ONION



Gluten-free

Dairy-free

Reduced carb content

Vegan



Gluten-free



Dairy-free



Soy-free



Vegan



Egg-free



Low carb

Product Description:

- Rich in fiber, slow-releasing, thin-crust, extra-soft, spicy bread with roasted onions.
- Reduced carb content by 30%
- 345 g
- FB: fully baked frozen product. Only requires thawing at room temperature and is ready to eat. (no need to bake further)

Nutritional value

Average nutritional value	in 100 g product	in 1 portion (345 g)
Energy:	814 kJ/193 kcal	2808 kJ/666 kcal
Fat:	2,7 g	9,3 g
*in which saturated fatty acids:	0,4 g	1,4 g
Carbohydrate:	33,5 g	115,6 g
*of which sugars:	1,4 g	4,8 g
Fiber:	7,5 g	25,9 g
Protein:	5 g	17,3 g
Salt:	1,6 g	5,52 g

Ingredients

Ingredients	
Gluten-free millet flour	Drinking water
Oat sourdough (oat flour, drinking water, baker's yeast)	
Tapioca starch	Plant fibers (bamboo fiber, psyllium husk powder)
Baker's Yeast	Sunflower oil
Fruit extract	Himalayan salt
Acidity regulator (citric acid)	
Bulking agent (sodium bicarbonate)	
Dried red onion (1,05%)	Spices (cumin seeds, ground black pepper)

*The product may contain traces of sesame seeds, mustard seeds, celery, nuts, sulfites and lupins.

SAVORY BRAIDED BREAD



- Gluten-free
- Yeast-free
- Reduced carb content
- Vegan



Gluten-free



Dairy-free



Soy-free



Vegan



Egg-free



Low carb



Low fat

Product Description:

- Gluten-free, vegan, soy-free, yeast-free product.
- 88 g
- Contains no added sugar. Contains naturally occurring sugars.
- Low in fat.
- 45 % reduced carbohydrate content (compared to similar products).
- FB: fully baked frozen product. Only requires thawing at room temperature and is ready to eat. (no need to bake further)

Nutritional value

Average nutritional value	in 100 g product
Energy:	649 kJ/154 kcal
Fat:	0,5 g
*in which saturated fatty acids:	0,1 g
Carbohydrate:	29,6 g
*of which sugars:	0,5 g
Fiber:	6,7 g
Protein:	4,4 g
Salt:	2,3 g

Ingredients

Ingredients
Millet flour
Drinking water
Tapioca starch
Plant fiber blend (psyllium husk powder, bamboo fiber)
Acidity regulator: apple cider vinegar (sulfites), citric acid.
Salt (2,3 %)
Bulking agent (sodium bicarbonate/baking soda)

*The product may contain traces of sesame seeds, mustard seeds, celery, nuts and lupins.

BAVARIAN BUN



- Gluten-free
- Yeast-free
- Reduced carb content
- Vegan



Gluten-free



Dairy-free



Soy-free



Vegan



Egg-free



Low carb



Low fat

Product Description:

- Gluten-free, vegan, soy-free, yeast-free product.
- 96 g
- Contains no added sugar. Contains naturally occurring sugars.
- Low in fat.
- 40 % reduced carbohydrate content (compared to similar products).
- FB: fully baked frozen product. Only requires thawing at room temperature and is ready to eat. (no need to bake further)

Nutritional value

Average nutritional value	in 100 g product
Energy:	659 kJ/156 kcal
Fat:	0,5 g
*in which saturated fatty acids:	0,1 g
Carbohydrate:	30,0 g
*of which sugars:	0,5 g
Fiber:	6,8 g
Protein:	4,5 g
Salt:	0,8 g

Ingredients

Ingredients
Millet flour
Drinking water
Tapioca starch
Plant fibers (psyllium husk powder, bamboo fiber)
Acidity regulator: apple cider vinegar (sulfites), citric acid.
Salt
Bulking agent (sodium bicarbonate/baking soda)

*The product may contain traces of sesame seeds, mustard seeds, celery, nuts and lupins.

BAVARIAN BUN TOPPED WITH POPPY SEEDS



- Gluten-free
- Yeast-free
- Reduced carb content
- Vegan

 Gluten-free

 Dairy-free

 Soy-free

 Vegan

 Egg-free

 Low carb

 Low fat

Product Description:

- Gluten-free, vegan, soy-free, yeast-free product.
- 97 g
- Contains no added sugar. Contains naturally occurring sugars.
- Low in fat.
- 45 % reduced carbohydrate content (compared to similar products).
- FB: fully baked frozen product. Only requires thawing at room temperature and is ready to eat. (no need to bake further)

Nutritional value

Average nutritional value	in 100 g product
Energy:	642 kJ/152 kcal
Fat:	0,6 g
*in which saturated fatty acids:	0,2 g
Carbohydrate:	28,9 g
*of which sugars:	0,5 g
Fiber:	6,6 g
Protein:	4,4 g
Salt:	0,8 g

Ingredients

Ingredients
Millet flour
Drinking water
Tapioca starch
Plant fibers (psyllium husk powder, bamboo fiber)
Acidity regulator: apple cider vinegar (sulfites), citric acid.
Ground poppy seeds (4%)
Salt
Bulking agent (sodium bicarbonate/baking soda)

*The product may contain traces of sesame seeds, mustard seeds, celery, nuts and lupins.

SORDOUGH OLIVE CIABATTA



- Gluten-free
- Dairy-free
- Reduced carb content
- Vegan



Gluten-free



Dairy-free



Soy-free



Vegan



Egg-free



Low carb

Product Description:

- Gluten-free olive ciabatta made with sourdough, featuring a 33% reduced carbohydrate content*. Contains only plant-based ingredients and boasts an authentic Italian flavor, 100% gluten-free.
*Compared to similar products.
- 100 g
- FB: fully baked frozen product. Only requires thawing at room temperature and is ready to eat. (no need to bake further)

Nutritional value

Average nutritional value	in 100 g product
Energy:	814 kJ/193 kcal
Fat:	2,7 g
*in which saturated fatty acids:	0,4 g
Carbohydrate:	33,5 g
*of which sugars:	1,4 g
Fiber:	7,5 g
Protein:	5 g
Salt:	1,6 g

Ingredients

Ingredients	
Gluten-free millet flour	
Drinking water	
Oat sourdough (oat flour, drinking water, baker's yeast)	
Tapioca starch	
Plant fibers (bamboo fiber, psyllium husk powder)	
Chopped olives (4.7%)	Sunflower oil
Baker's yeast	Fruit extract
Himalayan salt	
Acidity regulator (citric acid)	
Bulking agent (sodium bicarbonate)	
Dried red onion (0.8%)	Spice (rosemary)

*The product may contain traces of sesame seeds, mustard seeds, celery, nuts, sulfites and lupins.

MULTI-SEED SANDWICH BUN



Gluten-free

Dairy free

Reduced carb content

Vegan



Gluten-free



Dairy-free



Soy-free



Vegan



Egg-free



Low carb



Product Description:

- 35% reduced carbohydrate* sandwich buns with flax seeds, sunflower seeds and pumpkin seeds. (*Compared to other similar products)
- 97 g
- FB: fully baked frozen product. Only requires thawing at room temperature and is ready to eat. (no need to bake further)

Nutritional value

Average nutritional value	in 100 g product	in 1 portion (97g)
Energy:	1052 kJ/251 kcal	1020 kJ/243 g
Fat:	8,3 g	8,1 g
*in which saturated fatty acids:	1,3 g	1,3 g
Carbohydrate:	31,4 g	30,5 g
*of which sugars:	4,4 g	4,3 g
Fiber:	11,9 g	11,5 g
Protein:	6,9 g	6,7 g
Salt:	1,5 g	1,46 g

Ingredients

Ingredients	
Tapioca starch	Drinking water
Seed mix (11.7%) (sesame seeds, flaxseeds, sunflower seeds, pumpkin seeds)	
Oat flour	Bamboo fiber
Raisins	Sesame seed flour
Oat flakes - for decoration	Psyllium husk powder
Yeast	Sunflower oil
Salt	Coconut flour
Bulking agent (sodium bicarbonate)	
Sweet potato flour	Acidity regulator (citric acid)
Liquid smoke	

*The product may contain traces of sesame seeds, mustard seeds, celery, nuts, sulfites and lupins.

BAGEL



- Gluten-free
- Dairy-free
- Soy-free
- Reduced carb content

 Gluten-free  Dairy-free  Soy-free  Low carb

Product Description:

- We recommend this bagel with 80% reduced carbohydrate* for savory and sweet breakfast. (*compared to other similar products).
- Not only is gluten-free and dairy-free, but it does not contain yeast either!
- 68 g
- FB: fully baked frozen product. Only requires thawing at room temperature and is ready to eat. (no need to bake further)

Nutritional value

Average nutritional value	in 100 g product
Energy:	753 kJ/182 kcal
Fat:	9,9 g
*in which saturated fatty acids:	2 g
Carbohydrate:	8,3 g
*of which sugars:	0,9 g
*of which polyols:	0,8 g
Fiber:	21,2 g
Protein:	5,3 g
Salt:	1,6 g

Ingredients

Ingredients	
Plant fibers (bamboo fiber, psyllium husk powder)	
Drinking water	Whole fresh egg
Coconut flour	Sesame seed flour
Tapioca starch	Sunflower oil
Acidity regulators (apple cider vinegar, citric acid)	
Sesame seeds	Thickener (konjac gum)
Pink Himalayan salt	Sweetener (erythritol)
Bulking agent (sodium bicarbonate)	
Antioxidant (ascorbic acid)	

*The product may contain traces of mustard seeds, celery, nuts, sulfites and lupins.

TWISTED ROLL



Gluten-free

Low in fat

Reduced carb content

Yeast-free



Gluten-free



Dairy-free



Soy-free



Vegan



Egg-free



Low carb



Low fat

Product Description:

- Gluten-free twisted roll with flaxseed, featuring a 60% reduced carbohydrate content* Thanks to its high fiber content and slowly absorbed carbohydrates, it is extremely filling. Suitable for those sensitive to yeast. *Compared to similar products.
- Contains no added sugar, only naturally occurring sugars.
- 68 g
- FB: fully baked frozen product. Only requires thawing at room temperature and is ready to eat. (no need to bake further)

Nutritional value

Average nutritional value	in 100 g product	in 1 portion (68 g)
Energy:	694 kJ/167 kcal	472 kJ/114 kcal
Fat:	2,4 g	1,6 g
*in which saturated fatty acids:	0,3 g	0,2 g
Carbohydrate:	19,9 g	13,5 g
*of which sugars:	0,5 g	0,3 g
Fiber:	22,9 g	15,5 g
Protein:	4,9 g	3,3 g
Salt:	1,7 g	1,15 g

Ingredients

Ingredients	
Gluten-free millet flour	
Plant fibers (bamboo fiber, psyllium husk powder)	Drinking water
Tapioca starch	Flaxseed
Himalayan salt	Bulking agent (sodium bicarbonate)
Acidity regulator (citric acid)	
Thickener (konjac gum)	

*The product may contain traces of sesame seeds, mustard seeds, celery, nuts, sulfites and lupins.

RUSTIC BUN



Gluten-free

Low fat

Reduced carb content

Yeast-free

 Gluten-free

 Dairy-free

 Soy-free

 Vegan

 Egg-free

 Low carb

 Low fat

Product Description:

- Yeast-free, low-fat rustic roll. Does not contain dairy or eggs.
- 35% reduced carbohydrate content compared to similar products.
- Contains no added sugar, only naturally occurring sugars.
- 115 g
- FB: fully baked frozen product. Only requires thawing at room temperature and is ready to eat. (no need to bake further)

Nutritional value

Average nutritional value	in 100 g product	in 1 portion (115 g)
Energy:	721 kJ/171 kcal	829 kJ/197 kcal
Fat:	0,5 g	0,57 g
*in which saturated fatty acids:	0,2 g	0,23 g
Carbohydrate:	32,8 g	38 g
*of which sugars:	0,6 g	0,7 g
Fiber:	7,4 g	8,5 g
Protein:	4,9 g	5,6 g
Salt:	1,7 g	1,95 g

Ingredients

Ingredients	
Gluten-free millet flour	Tapioca starch
Plant fibers (psyllium husk powder, bamboo fiber)	
Drinking water	
Acidity regulators (apple cider vinegar /sulfites/, citric acid)	
Salt	
Bulking agent (sodium bicarbonate)	

*The product may contain traces of sesame seeds, mustard seeds, celery, nuts and lupins.

HOT DOG BUN



Gluten-free

Dairy-free

Vegan

Soy-free



Gluten-free



Dairy-free



Soy-free



Vegan



Egg-free

Product Description:

- Light and incredibly soft hot dog roll, free from dairy and eggs.
- 85 g
- FB: fully baked frozen product. Only requires thawing at room temperature and is ready to eat. (no need to bake further)

Nutritional value

Average nutritional value	in 100 g product	in 1 portion (85 g)
Energy:	922 kJ/219 kcal	783 kJ/186 kcal
Fat:	3,5 g	2,9 g
*in which saturated fatty acids:	0,5 g	0,4 g
Carbohydrate:	37,2 g	31,6 g
*of which sugars:	2,9 g	2,4 g
Fiber:	8,1 g	6,8 g
Protein:	5,6 g	4,7 g
Salt:	0,9 g	0,76 g

Ingredients







Ingredients	
Gluten-free millet flour	
Tapioca starch	
Plant fibers (bamboo fiber, psyllium husk powder)	
Drinking water	Fruit extract
Sunflower oil	Baker's yeast
Acidity regulators (apple cider vinegar /sulfites/, citric acid)	
Pink Himalayan salt	
Bulking agent (sodium bicarbonate)	

*The product may contain traces of sesame seeds, mustard seeds, celery, nuts and lupins.

'FREE FROM' HAMBURGER BUN



- Gluten-free
- Dairy-free
- Vegan
- Reduced carb content

 Gluten-free  Dairy-free  Soy-free  Vegan  Egg-free  Low carb

Product Description:

- Gluten-free sesame hamburger bun made from slow-absorbing carbohydrates, the coolest base for local street food. *Free from common allergens (e.g., gluten, dairy, eggs, soy).
- Contains no added sugar, only naturally occurring sugars.
- 102 g
- 30% reduced carbohydrate content compared to similar products.
- FB: fully baked frozen product. Only requires thawing at room temperature and is ready to eat. (no need to bake further)

Nutritional value

Average nutritional value	in 100 g product
Energy:	1052 kJ/251 kcal
Fat:	7,1 g
*in which saturated fatty acids:	1,1 g
Carbohydrate:	35,6 g
*of which sugars:	2,7 g
Fiber:	8,4 g
Protein:	6,8 g
Salt:	1,1 g

Ingredients

Ingredients	
Gluten-free millet flour	Tapioca starch
Plant fibers (psyllium husk powder, bamboo fiber)	
Drinking water	
Acidity regulators (apple cider vinegar /sulfites/, citric acid)	
Sesame seeds (for decoration)	Fruit extract
Élesztő	Sunflower oil
Salt	
Bulking agent (sodium bicarbonate)	

*The product may contain traces of mustard seeds, celery, nuts and lupins.

VEGAN CHICKPEA BURGER PATTY



- Gluten-free
- Dairy-free
- Vegan
- Soy-free



Gluten-free



Dairy-free



Soy-free



Vegan



Egg-free

Product description:

- Gluten-free, lactose-free, egg-free vegan product. Extremely filling and substantial burger patty.
- 102 g
- RQF: raw quick frozen. Frozen in raw condition, requires baking before consumption.

Nutritional value

Average nutritional value	in 100 g product
Energy:	678 kJ/162 kcal
Fat:	5,2 g
*in which saturated fatty acids:	3,1 g
Carbohydrate:	16,4 g
*of which sugars:	4,3 g
Fiber:	5,3 g
Protein:	9,6 g
Salt:	1,0 g

Ingredients

Ingredients	
Chickpeas	
Broccoli	
Carrot	
Drinking water	
Coconut oil	
Brown rice germ protein powder	
Flaxseed flour	Garlic
Salt	Ground black pepper

*The product may contain traces of sesame seeds, mustard seeds, celery, nuts, sulfites and lupins.

PRE-BAKED PIZZA CRUST



- Gluten-free
- Lactose-free
- Vegan
- Soy-free

 Gluten-free

 Lactose-free

 Soy-free

 Vegan

 Egg-free

Product Description:

- Quick-frozen, gluten-free, pre-baked bakery product.
- 265 g.
- PB: Pre-baked and frozen. Requires a few extra minutes of baking before consumption.

Nutritional value

Average nutritional value	in 100 g product
Energy:	907 kJ/215 kcal
Fat:	4 g
*in which saturated fatty acids:	0,5 g
Carbohydrate:	39,9 g
*of which sugars:	0,2 g
Fiber:	2,5 g
Protein:	3,6 g
Salt:	1,8 g

Ingredients

Ingredients	
Tapioca starch	Millet flour
Drinking water	Buckwheat flour
Sunflower oil	Salt
Plant fibers (psyllium husk powder, bamboo fiber)	
Yeast	
Bulking agent (sodium bicarbonate)	
Acidity regulator (citric acid)	

*The product may contain traces of sesame seeds, mustard seeds, celery, nuts, sulfites and lupins.

HAM, CORN AND MUSHROOM PIZZA



Gluten-free

Lactose-free

Soy-free

Source of proteins



Gluten-free



Lactose-free



Soy-free

Product Description:

- Gluten-free pizza made with lactose-free cheese, spicy tomato sauce, high meat content ham, mushrooms, and sweet corn.
- Contains no added sugar, only naturally occurring sugars.
- 300 g
- RQF: raw quick frozen. Frozen in raw condition, requires baking before consumption.

Nutritional value

Average nutritional value	in 100 g product
Energy:	742 kJ/146 kcal
Fat:	5,5 g
*in which saturated fatty acids:	2,5 g
Carbohydrate:	23,7 g
*of which sugars:	2,2 g
Fiber:	2,2 g
Protein:	7 g
Salt:	1,5 g

Ingredients

Ingredients	
Pizza sauce (13%) (concentrated tomato, drinking water, fruit extract, coconut cream /natural coconut cream 99.9%, stabilizers: xanthan gum, guar gum, carrageenan/, bamboo fiber, salt, psyllium husk, spices)	
Lactose-free cheese (pasteurized milk, milk culture, rennet enzyme, table salt, firming agent /calcium chloride/)	
Tapioca starch	Millet flour
Heat-treated ham (6.7%) (pork meat /80%, drinking water /16%, table salt, potassium chloride, thickener /processed Eucheuma seaweed/, stabilizers /diphosphates, triphosphates/, natural flavors, dextrose, antioxidant /sodium ascorbate/, yeast extract, preservative /sodium nitrite/)	
Champignon (6,7%)	Sweet corn (6,7%)
Buckwheat flour	Drinking water
Sunflower oil	Salt
Plant fibers (psyllium husk powder, bamboo fiber)	
Yeast	Bulking agent (sodium bicarbonate)
Acidity regulator (citric acid)	

*The product may contain traces of sesame seeds, mustard seeds, celery, nuts, sulfites and lupins.

CHEESY TWISTER



Gluten-free

Lactose-free

Reduced carb content

Soy-free



Gluten-free



Lactose-free



Soy-free



Egg-free



Low carb

Product Description:

- 62% reduced carbohydrate content* egg-free, lactose-free cheese twister. Thanks to the tiny seeds, it is crispy on the outside, soft and tender on the inside. Perfect for a mid-morning snack or afternoon treat for those who prefer delicious, reduced-carb baked goods!

*Compared to similar products.

- 140 g
- RQF: raw quick frozen. Frozen in raw condition, requires baking before consumption.

Nutritional value

Average nutritional value	in 100 g product
Energy:	1255 kJ/302 kcal
Fat:	18,2 g
*in which saturated fatty acids:	4,6 g
Carbohydrate:	17 g
*of which sugars:	0,6 g
Fiber:	13,9 g
Protein:	10,7 g
Salt:	1,9 g

Ingredients

Ingredients	
Millet flour	Buckwheat flour
Tapioca starch	
Plant fibers (psyllium husk powder, bamboo fiber)	
Drinking water	Hulled seeds (sunflower, pumpkin)
Hard fatty (45g/100g) lactose-free cheese (milk, milk protein)	
Sunflower oil	
Acidity regulators (apple cider vinegar /sulfites/, citric acid)	
Baker's yeast	
Bulking agent (sodium bicarbonate)	
Himalayan salt	Thickener (konjac gum)
Nutritional yeast flakes	

*The product may contain traces of sesame seeds, mustard seeds, celery, nuts and lupins.

PAO CHEESY MIRACLE



Gluten-free

Lactose-free

Source of protein

Soy-free



Gluten-free



Lactose-free



Soy-free

Product Description:

- A magical puff pastry filled with lactose-free cheese, crispy on the outside, soft and fluffy on the inside, with a light and airy, porous dough.
- 40 g
- RQF: raw quick frozen. Frozen in raw condition, requires baking before consumption.

Nutritional value

Average nutritional value	in 100 g product
Energy:	1423 kJ/340 kcal
Fat:	15,9 g
*in which saturated fatty acids:	7,8 g
Carbohydrate:	38,2 g
*of which sugars:	1,7 g
Fiber:	<0,5 g
Protein:	10,9 g
Salt:	1,6 g

Ingredients

Ingredients
Tapioca starch
Lactose-free cheese (pasteurized milk , milk culture, rennet, table salt, firming agent: calcium chloride)
Lactose-free milk
Egg
Sunflower oil
Salt

*The product may contain traces of sesame seeds, mustard seeds, celery, nuts, sulfites and lupins.

ZUCCHINI SCONE



Gluten-free

Dairy-free

Low fat

Vegan



Gluten-free



Dairy-free



Vegan



Low fat



Soy-free



Egg-free

Termékleírás:

- Zucchini puff pastry sprinkled with plant-based cheese, made without eggs.
- Extremely tasty with a soft dough.
- Those on a low-fat diet and individuals sensitive to milk proteins can enjoy it without any issues.
- 55 g
- RQF: raw quick frozen. Frozen in raw condition, requires baking before consumption.

Nutritional value

Average nutritional value	in 100 g product	in 1 portion (37g)
Energy:	838 kJ/199 kcal	310 kJ/74 kcal
Fat:	1,4 g	0,5 g
*in which saturated fatty acids:	0,4 g	0,15 g
Carbohydrate:	36,4 g	13,5 g
*of which sugars:	2,7 g	1 g
Fiber:	8,8 g	3,3 g
Protein:	5,8 g	2,1 g
Salt:	1,4 g	0,52 g

Ingredients

Ingredients
Gluten-free flours (millet flour, sweet potato flour)
Tapioca starch
Plant fibers (psyllium husk powder, bamboo fiber)
Zucchini
Acidity regulators (apple cider vinegar /sulfites/, citric acid)
Baker's yeast
Himalayan salt
Liquid smoke

*The product may contain traces of sesame seeds, mustard seeds, celery, nuts and lupins.

CURD CHEESE AND CHEESE SCONES



- Gluten-free
- Lactose-free
- Reduced carb content
- Soy-free

 Gluten-free

 Lactose-free

 Low carb

 Soy-free

Product Description:

- Soft and crumbly curd cheese and cheese scone. Extremely filling.
- *With 70% reduced carbohydrate content. Compared to similar products.
- Contains no added sugar, only naturally occurring sugars.
- 44 g
- RQF: raw quick frozen. Frozen in raw condition, requires baking before consumption.

Nutritional value

Average nutritional value	in 100 g product	in 1 portion (44g)
Energy:	1483 kJ/358 kcal	652 kJ/158 kcal
Fat:	27 g	11,8 g
*in which saturated fatty acids:	11,8 g	5,2 g
Carbohydrate:	12 g	5,3 g
*of which sugars:	0,9 g	0,4 g
Fiber:	7,4 g	3,3 g
Protein:	13,1 g	5,8 g
Salt:	3,1 g	0,92 g

Ingredients

Ingredients	
Lactose-free semi-fat cow's curd cheese (pasteurized milk , culture, lactase enzyme) (22%)	
Lactose-free cheese (pasteurized milk , culture, rennet, table salt, firming agent: calcium chloride) (22%)	
Margarine with 80% fat content (palm fat, rapeseed oil, water)	
Tapioca starch	Egg
Bamboo fiber	Sesame seed flour
Psyllium husk powder	Yeast
Himalayan salt	Coconut flour
Bulking agent (sodium bicarbonate)	
Sweet potato flour	Acidity regulator (citric acid)

*The product may contain traces of mustard seeds, celery, nuts, sulfites and lupins.

VIENNESE PRETZEL



- Gluten-free
- Lactose-free
- Reduced carb content
- Soy-free



Gluten-free



Lactose-free



Low carb



Soy-free

Product Description:

- Lactose-free Viennese salted pretzel with 52% reduced carbohydrate content. Compared to similar products.
- 130 g
- FB: fully baked frozen product. Only requires thawing at room temperature and is ready to eat. (no need to bake further)

Nutritional value

Average nutritional value	in 100 g product	in 1 portion (130g)
Energy:	1209 kJ/292 kcal	1572 kJ/380 kcal
Fat:	16,8 g	21,8 g
*in which saturated fatty acids:	6,1 g	7,9 g
Carbohydrate:	22,5 g	29,2 g
*of which sugars:	1,3 g	1,7 g
Fiber:	2,4 g	3,1 g
Protein:	18,8 g	24,4 g
Salt:	5,7 g	7,4 g
Só:	1,7 g	2,21 g

Ingredients

Ingredients	
Tapioca starch	
Margarine with 80% fat content (palm fat, rapeseed oil, water)	
Egg	Bamboo fiber
Lactose-free milk (pasteurized milk, lactase enzyme)	
Psyllium husk powder	Sesame seed flour
Sweeteners (erythritol, sucralose)	Salt (1,8%)
Sweet potato flour	
Bulking agent (sodium bicarbonate)	
Thickener (konjac gum)	Antioxidant (ascorbic acid)
Acidity regulator (citric acid)	

*The product may contain traces of mustard seeds, celery, nuts, sulfites and lupins.

VIENNESE CHEESE AND PUMPKIN SEED PRETZEL



Gluten-free

Lactose-free

Reduced carb content

Soy-free



Gluten-free



Lactose-free



Low carb



Soy-free



Product Description:

- Handcrafted pretzel with chopped pumpkin seeds and sprinkled with lactose-free cheese, featuring 56% reduced carbohydrate content.*
- *Compared to similar products
- 135 g
- FB: fully baked frozen product. Only requires thawing at room temperature and is ready to eat. (no need to bake further)

Nutritional value

Average nutritional value	in 100 g product	in 1 portion (135g)
Energy:	1309 kJ/316 kcal	1767 kJ/427 kcal
Fat:	19,3 g	26,1 g
*in which saturated fatty acids:	6,9 g	9,3 g
Carbohydrate:	20,4 g	27,5 g
*of which sugars:	1,2 g	1,6 g
*of which polyols:	2,1 g	2,8 g
Fiber:	16,7 g	22,5 g
Protein:	8,7 g	11,7 g
Salt:	1,6 g	2,16 g

Ingredients

Ingredients	
Tapioca starch	
Margarine with 80% fat content (palm fat, rapeseed oil, water)	
Egg	Bamboo fiber
Lactose-free milk (pasteurized milk, lactase enzyme)	
Salt	Firming agent: calcium chloride (5.8%)
Shelled pumpkin seeds (5.8%)	Psyllium husk powder
Sesame seed flour	Yeast
Drinking water	Sweeteners (erythritol, sucralose)
Salt	Coconut flour
Sweet potato flour	Bulking agent (sodium bicarbonate)
Thickener (konjac gum)	Antioxidant (ascorbic acid)
Acidity regulator (citric acid)	

*The product may contain traces of mustard seeds, celery, nuts, sulfites and lupins.

HAM & CHEESE ROLL



- Gluten-free
- Lactose-free
- Reduced carb content
- Soy-free



Gluten-free



Lactose-free



Low carb



Soy-free

Product Description:

- Ham and cheese roll with 35% reduced carbohydrate content, gluten-free, lactose-free, and egg-free! An exceptionally filling and substantial baked good.*
- *Compared to other similar products.
- 120 g
- RQF: raw quick frozen. Frozen in raw condition, requires baking before consumption.

Nutritional value

Average nutritional value	in 100 g product	in 1 portion (120g)
Energy:	831 kJ/199 kcal	997 kJ/239 kcal
Fat:	7 g	8,4 g
*in which saturated fatty acids:	2,7 g	3,2 g
Carbohydrate:	22,7 g	27,2 g
*of which sugars:	1 g	1,2 g
*of which polyols:	0,7 g	0,84 g
Fiber:	8,3 g	10 g
Protein:	7,9 g	9,5 g
Salt:	1,7 g	2,04 g

Ingredients

Ingredients	
Cooked thigh ham (16.3%) (pork meat /80%, drinking water /16%, table salt, potassium chloride, thickening agent /processed Eucheuma seaweed/, stabilizer /difosfates, triphosphates/, natural flavors, dextrose, antioxidant /sodium ascorbate/, yeast extract, preservative /sodium nitrite/)	
Gluten-free millet flour	Drinking water
Lactose-free sour cream (cream, lactase enzyme, culture)	Gluten-free oats
Tapioca starch	
Plant fibers (bamboo fiber, psyllium husk powder)	
Lactose-free cheese (4.9%) (pasteurized milk, milk culture, rennet, table salt, firming agent /calcium chloride/)	
Acidity regulators (apple cider vinegar /sulfites/, citric acid)	
Sunflower oil	Yeast
Salt	Paprika powder
Sweeteners (erythritol)	Bulking agent (sodium bicarbonate)
Spices	

*The product may contain traces of sesame seeds, mustard seeds, celery, nuts and lupins.

SOFT BRAIDED SWEETBREAD



Gluten-free

Dairy-free

Reduced carb content

Vegan



Gluten-free



Dairy-free



Soy-free



Vegan



Egg-free



Low carb

Product Description:

- 40% reduced carbohydrate content*, lactose-free, dairy-free, and egg-free. It contains no rice, potatoes, or corn, and is rich in dietary fiber. *Compared to similar products.
- 270 g
- FB: fully baked frozen product. Only requires thawing at room temperature and is ready to eat. (no need to bake further)

Nutritional value

Average nutritional value	in 100 g product
Energy:	1031 kJ/247 kcal
Fat:	8 g
*in which saturated fatty acids:	2,6 g
Carbohydrate:	31,8 g
*of which sugars:	3,9 g
Fiber:	14 g
Protein:	4,8 g
Salt:	0,9 g

Ingredients

Ingredients	
Millet flour	
Plant fibers (bamboo fiber, psyllium husk powder)	
Drinking water	Fruit extract
Margarine with 80% fat content (palm fat, rapeseed oil, water)	
Acidity regulators (apple cider vinegar /sulfites/, citric acid)	
Yeast	Salt
Bulking agent (sodium bicarbonate)	
Natural flavors	Ground lemon peel
Antioxidant (ascorbic acid)	Pea protein

*The product may contain traces of sesame seeds, mustard seeds, celery, nuts and lupins.

VEGAN BRIOCHE



Gluten-free

Dairy-free

Reduced carb content

Vegan



Glutenfree



Dairy-free



Soy-free



Vegan



Egg-free



Low carb

Product Description:

- A 40% reduced carbohydrate, ultra-soft brioche, perfect for breakfast, a mid-morning snack, or an afternoon treat. Its light and airy dough is still 100% gluten-free, lactose-free, dairy-free, egg-free, and soy-free.
- 97 g
- FB: fully baked frozen product. Only requires thawing at room temperature and is ready to eat. (no need to bake further)

Nutritional value

Average nutritional value	in 100 g product	in 1 portion (97g)
Energy:	1025 kJ/245 kcal	994 kJ/238 kcal
Fat:	6,1 g	5,9 g
*in which saturated fatty acids:	1,9 g	1,8 g
Carbohydrate:	35,2 g	34,1 g
*of which sugars:	5,1 g	4,9 g
Fiber:	14,5 g	14,1 g
Protein:	4,9 g	4,8 g
Salt:	0,6 g	0,58 g

Ingredients







Ingredients	
Millet flour	
Plant fibers (bamboo fiber flour, psyllium husk powder)	
Drinking water	Fruit extract
Margarine with 80% fat content (palm fat, rapeseed oil, water)	
Acidity regulators (apple cider vinegar /sulfites/, citric acid)	
Yeast	Puffed quiona
Bulking agent (sodium bicarbonate)	
Salt	Natural flavors
Ground lemon peel	Antioxidant (ascorbic acid)

*The product may contain traces of sesame seeds, mustard seeds, celery, nuts and lupins.

COCOA ROLL



- Gluten-free
- Dairy-free
- Low fat
- Vegan

 Gluten-free  Dairy-free  Vegan  Low fat  Soy-free  Egg-free

Product Description:

- Dairy-free, egg-free cocoa roll.
- Made with creamy filling.
- Does not contain sweeteners.
- Can be safely consumed during a low-fat diet.
- 125 g
- RQF: raw quick frozen. Frozen in raw condition, requires baking before consumption.

Nutritional value

Average nutritional value	in 100 g product
Energy:	912 kJ/217 kcal
Fat:	2,6 g
*in which saturated fatty acids:	1,1 g
Carbohydrate:	36,9 g
*of which sugars:	11,1 g
Fiber:	13 g
Protein:	4,9 g
Salt:	0,5 g

Ingredients

Ingredients	
Millet flour	
Plant fibers (bamboo fiber flour, psyllium husk powder)	
Fruit extract	Cocoa powder with 20-22% fat content
Coconut cream /99.7% natural coconut cream, stabilizer (cellulose gum), thickening agent (xanthan gum), emulsifier (polysorbate 60).	
Acidity regulators (apple cider vinegar, citric acid)	
Baker's yeast	Tapioca starch
Bulking agent (sodium bicarbonate)	
Pink Himalayan salt	Natural flavors

*The product may contain traces of sesame seeds, mustard seeds, celery, nuts, sulfites and lupins.

CINNAMON ROLL



Gluten-free

Dairy-free

Low fat

Vegan



Gluten-free



Dairy-free



Vegan



Low fat



Soy-free



Egg-free

Product Description:

- Delicious cinnamon roll made with creamy filling, containing 100% plant-based ingredients. Suitable for those who are lactose and dairy sensitive, as well as egg intolerant.
- 125 g
- RQF: raw quick frozen. Frozen in raw condition, requires baking before consumption.

Nutritional value

Average nutritional value	in 100 g product
Energy:	839 kJ/199 kcal
Fat:	2,1 g
*in which saturated fatty acids:	0,9 g
Carbohydrate:	36 g
*of which sugars:	11,4 g
Fiber:	11,3 g
Protein:	3,6 g
Salt:	0,5 g

Ingredients

Ingredients	
Gluten-free millet flour	
Plant fibers (bamboo fiber flour, psyllium husk powder)	
Fruit extract	Ground cinnamon
Coconut cream /99.7% natural coconut cream, stabilizer (cellulose gum), thickening agent (xanthan gum), emulsifier (polysorbate-60).	
Acidity regulators (apple cider vinegar /sulfites/, citric acid)	
Baker's yeast	
Bulking agent (sodium bicarbonate)	
Pink Himalayan salt	

*The product may contain traces of sesame seeds, mustard seeds, celery, nuts and lupins.

PASTRY WITH PLUM JAM FILLING



Gluten-free

Lactose-free

Reduced carb content

Soy-free



Gluten-free



Lactose-free



Low carb



Soy-free

Product Description:

- Rich in flavor.
- 35% reduced carbohydrate content. *Compared to similar products.
- A dense, creamy sweet pastry filled with thick plum jam.
- 95 g.
- RQF: raw quick frozen. Frozen in raw condition, requires baking before consumption.

Nutritional value

Average nutritional value	in 100 g product	in 1 portion (95g)
Energy:	1092 kJ/262 kcal	1037 kJ/249 kcal
Fat:	10,9 g	10,4 g
*in which saturated fatty acids:	4 g	3,8 g
Carbohydrate:	32,1 g	30,5 g
*of which sugars:	16,4 g	15,6 g
*of which polyols:	1,6 g	1,5 g
Fiber:	12,9 g	12,3 g
Protein:	3,9 g	3,7 g
Salt:	0,6 g	0,57 g

Ingredients

Ingredients	
Plum jam (27%) (plum)	Tapioca strach
Margarine with 80% fat content (palm fat, rapeseed oil, water)	
Bamboo fiber	
Lactose-free milk (pasteurized milk, lactase enzyme)	
Egg	Psyllium husk powder
Sesame seed flour	Yeast
Sweeteners (erythritol)	Coconut flour
Salt	Bulking agent (sodium bicarbonate)
Sweet potato flour	Antioxidant (ascorbic acid)
Acidity regulator (citric acid)	Thickener (konjac gum)

*The product may contain traces of mustard seeds, celery, nuts, sulfites and lupins.

VEGAN PASTRY FILLED WITH PLANT-BASED COTTAGE CHEESE ALTERNATIVE



- Gluten-free
- Dairy-free
- Vegan
- Soy-free



Gluten-free



Dairy-free



Soy-free



Vegan



Egg-free

Product Description:

- A creamy-filled, dairy-free "cottage cheese" pastry made with a plant-based cottage cheese alternative, containing slow-digesting carbohydrates.
- 120 g
- RQF: raw quick frozen. Frozen in raw condition, requires baking before consumption.

Nutritional value

Average nutritional value	in 100 g product	in 1 portion (95g)
Energy:	761 kJ/181 kcal	723 kJ/172 kcal
Fat:	2,9 g	2,8 g
*in which saturated fatty acids:	1,5 g	1,4 g
Carbohydrate:	34,9 g	33,2 g
*of which sugars:	6,4 g	6,1 g
*of which polyols:	3,4 g	3,2 g
Fiber:	6 g	5,7 g
Protein:	4 g	3,8 g
Salt:	0,3 g	0,29 g

Ingredients

Ingredients	
Gluten-free flour blend (millet flour, sweet potato flour)	
Tapioca strach	
Plant fibers (psyllium husk powder, bamboo fiber)	
Drinking water	Coconut flour
Fruit extract	
Sweeteners (erythritol, steviol glycosides), coconut cream / 99.7% natural coconut cream, stabilizer (cellulose gum), thickener (xanthan gum), emulsifier (polysorbate 60)/	
100% organic lemon juice	Hulled millet
Acidity regulators (apple cider vinegar /sulfites/, citric acid)	
Raisins	Sunflower oil
Baker's yeast	Thickener (conjac gum)
Himalayan salt	Lemon peel
Natural flavors	

*The product may contain traces of sesame seeds, mustard seeds, celery, nuts and lupins.


CHOCOLATE COOKIE



- Gluten-free
- Dairy-free
- Reduced carb content
- Soy-free

Gluten-free

Dairy-free

Low carb

Soy-free

Product Description:

- Dairy-free chocolate cookies with 70% reduced carbohydrate content*. A perfect snack for morning breaks, making it an excellent choice alongside a delicious coffee or cocoa.
*Compared to other similar products.
- 54 g
- FB: fully baked frozen product. Only requires thawing at room temperature and is ready to eat. (no need to bake further)

Nutritional value

Average nutritional value	in 100 g product	in 1 portion (54g)
Energy:	1666 kJ/403 kcal	900 kJ/218 kcal
Fat:	34,9 g	18,8 g
*in which saturated fatty acids:	13,7 g	7,4 g
Carbohydrate:	15,7 g	8,5 g
*of which sugars:	0,6 g	0,3 g
*of which polyols:	8,7 g	4,7 g
Fiber:	7,1 g	3,8 g
Protein:	14,7 g	7,9 g
Salt:	0,8 g	0,43 g

Ingredients

Ingredients	
Almond flour	
Margarine with 80% fat content (palm fat, rapeseed oil, water)	
Dark chocolate with sweeteners	
Cocoa dry matter content of 70% (cocoa mass, sweeteners /erythritol, steviol glycosides from stevia/, cocoa butter, emulsifier /sunflower lecithin/, flavor) (17.2%)	
Egg	Sweeteners (erythritol)
Bulking agent (sodium bicarbonate)	
Himalayan salt	Natural flavour

*The product may contain traces of sesame seeds, mustard seeds, celery, sulfites, and lupins.

BLACK CURRANT VEGAN ISLER



Gluten-free

Egg-free

Dairy-free

Vegan



Gluten-free



Egg-free



Dairy-free



Soy-free



Vegan

Product Description:

- A classic dessert, coated in crispy dairy-free chocolate and filled with black currant jam. Suitable for those with dairy and egg sensitivities.
- 75 g
- FB: fully baked frozen product. Only requires thawing at room temperature and is ready to eat. (no need to bake further)

Nutritional value

Average nutritional value	in 100 g product	in 1 portion (75g)
Energy:	1749 kJ/419 kcal	1312 kJ/314 kcal
Fat:	25,5 g	19,1 g
*in which saturated fatty acids:	10,8 g	8,1 g
Carbohydrate:	45,7 g	34,3 g
*of which sugars:	10,1 g	7,6 g
*of which polyols:	5,3 g	4 g
Fiber:	2,9 g	2,2 g
Protein:	5,6 g	4,2 g
Salt:	0,1 g	0,07 g

Ingredients

Ingredients	
Oat flakes flour	
Blackcurrant jam (blackcurrant /50%/, grape must concentrate /24%/, drinking water, thickening agent /pectin/, acidity regulator /citric acid/, preservatives /potassium sorbate, sodium benzoate/)	
Dark chocolate with sweeteners, 70% cocoa solids (cocoa mass, sweeteners /erythritol, steviol glycosides from stevia/, cocoa butter, emulsifier /sunflower lecithin/, flavor)	
Margarine with 80% fat content (palm fat, rapeseed oil, water)	
Fruit extract	Tapioca starch
Natural flavors	Himalayan salt

*The product may contain traces of sesame seeds, mustard seeds, celery, nuts, sulfites and lupins.

VEGAN GOFRI



Gluten-free

Dairy-free

Vegan

Soy-free



Gluten-free



Dairy-free



Soy-free



Vegan



Egg-free

Product Description:

- Gluten-free, lactose-free, egg-free vegan product.
- Extremely filling and substantial pastry.
- 93 g
- FB: fully baked frozen product. Only requires thawing at room temperature and is ready to eat. (no need to bake further)

Nutritional value

Average nutritional value	in 100 g product
Energy:	775 kJ/183 kcal
Fat:	1,1 g
*in which saturated fatty acids:	0.3 g
Carbohydrate:	42,2 g
*of which sugars:	1,1 g
Fiber:	4,3 g
Protein:	3,8 g
Salt:	0,5 g

Ingredients

Ingredients	
Millet flour	Drinking water
Tapioca starch	Sweetener (erythritol, stevia)
Plant fibers (psyllium husk powder, bamboo fiber)	
Himalayan salt	
Bulking agent (sodium bicarbonate)	
Acidity regulator (citric acid)	

The product may contain traces of sesame seeds, mustard seeds, celery, nuts, sulfites and lupins.

WALNUT-DATE CAKE



Gluten-free

Dairy-free

Vegan

Soy-free



Gluten-free



Dairy-free



Soy-free



Vegan



Egg-free

Product Description:

- Gluten-free, egg-free, soy-free vegan product.
- Extremely filling and substantial pastry.
- 520 g
- FB: fully baked frozen product. Only requires thawing at room temperature and is ready to eat. (no need to bake further)

Nutritional value

Average nutritional value	in 100 g product
Energy:	1547 kJ/308 kcal
Fat:	16,5 g
*in which saturated fatty acids:	6,5 g
Carbohydrate:	48,2 g
*of which sugars:	27 g
Fiber:	2 g
Protein:	5,9 g
Salt:	0,5 g

Ingredients

Ingredients	
Oat flakes flour	Dates (16,4 %)
Date syrup (16.2%)	Walnut kernel (15.9%)
Coconut cream /99.7% natural coconut cream, stabilizer (cellulose gum), thickening agent (xanthan gum), emulsifier (polysorbate 60).	
Plum jam (100% plum)	Tapioca Starch
Drinking water	
Bulking agent (sodium bicarbonate)	
Acidity regulator (apple cider vinegar /sulfites/)	
Ground cinnamon	Salt
Natural flavors	

*The product may contain traces of sesame seeds, mustard seeds, celery and lupins.

WALNUT ROLL



Gluten-free

Dairy-free

Vegan

Reduced carb content



Gluten-free



Dairy-free



Soy-free



Vegan



Egg-free



Low carb

Product Description:

- Reduced carbohydrate*, gluten-free, quick-frozen pastry product.
*Compared to other similar products (30% reduced).
- 490 g
- FB: fully baked frozen product. Only requires thawing at room temperature and is ready to eat. (no need to bake further)

Nutritional Value

Average nutritional value	in 100 g product
Energy:	1578 kJ / 380 kcal
Fat:	24,3 g
*in which saturated fatty acids:	6,9 g
Carbohydrate:	30,4 g
*of which sugars:	12,8 g
Fiber:	9,9 g
Protein:	5 g
Salt:	0,4 g

Ingredients

Ingredients
Dough
(Szafi Free Baguette flour blend / millet flour, fiber mix, bulking agent, acidity regulator /, drinking water, margarine with 80% fat content / palm oil, rapeseed oil, water /, fruit extract, coconut cream / natural coconut cream /, <99.9) regulator / apple cider vinegar <sulfites>/, plantain seed flour, yeast, lemon peel, salt, thickener /xanthan/)
Nut filling
(fruit extract, ground walnuts /13%/, drinking water, coconut cream /natural coconut cream <99.9%>, stabilizers /, plantain flour, margarine with 80% fat content /palm oil, rapeseed oil, water/, flavorings, lemon peel, ground cinnamon, coating material (sunflower oil, drinking water, pea protein, tapioca starch, chickpea flour, bamboo fiber)

*The product may contain traces of sesame seeds, mustard seeds, celery and lupins.

POPPY SEED ROLL



Gluten-free

Dairy-free

Vegan

Reduced carb content



Gluten-free



Dairy-free



Soy-free



Vegan



Egg-free



Low carb

Product Description:

- Reduced carbohydrate*, gluten-free, quick-frozen pastry product.
*Compared to other similar products (35% reduced)
- 485 g
- FB: fully baked frozen product. Only requires thawing at room temperature and is ready to eat. (no need to bake further)

Nutritional Value

Average nutritional value	in 100 g product
Energy:	1230 kJ / 295 kcal
Fat:	16 g
*in which saturated fatty acids:	5,9 g
Carbohydrate:	30,7 g
*of which sugars:	13,7 g
Fiber:	8,7 g
Protein:	2,8 g
Salt:	0,4 g

Ingredients

Ingredients
Dough
(Szafl Free Baguette flour blend /millet flour, fiber mix, bulking agent, acidity regulator /, drinking water, margarine with 80% fat content /palm oil, rapeseed oil, water/, fruit extract, coconut cream /natural coconut cream <99.9%>, stabilizers /, acidity regulator /apple cider vinegar <sulfites>/, plantain flour, yeast, lemon peel, salt, thickener /xanthan/)
Poppy seed filling
(fruit extract, ground poppy /11%/, drinking water, margarine with 80% fat content /palm oil, rapeseed oil, water/, coconut cream /natural coconut cream <99.9%>, stabilizers /, aromas, tapioca starch, plantain seed flour, lemon peel, ground cinnamon), spreader (sunflower oil, drinking water, pea protein)

*The product may contain traces of sesame seeds, mustard seeds, celery, nuts and lupins.

GERBEAUD



Gluten-free

Lactose-free

Soy-free

Made with sweetener



Gluten-free



Soy-free



Lactose-free

Product Description:

- Gluten-free, fully baked, quick-frozen bakery product.
- Made with sweetener.
- 360 g.
- It can be consumed for up to 5 days after thawing.
- FB: fully baked frozen product. Only requires thawing at room temperature and is ready to eat. (no need to bake further)

Nutritional value

Average nutritional value	in 100 g product
Energy:	1458 kJ/350 kcal
Fat:	23 g
*in which saturated fatty acids:	6 g
Carbohydrate:	33,2 g
*of which sugars:	8,3 g
*of which polyols:	4,5 g
Fiber:	3,2 g
Protein:	5,5 g
Salt:	0,1 g

Ingredients

Ingredients	
Apricot jam (apricot /50%/, grape must concentrate /25%/, water, thickening agent /pectin/, preservative /potassium sorbate/)	
Ground walnuts	Margarine with 80% fat content (palm fat, rapeseed oil, water)
Tapioca starch	Lactose-free milk (pasteurized milk, lactase enzyme)
Millet flour	
Dark chocolate with sweeteners, containing 70% cocoa dry matter (cocoa mass, sweeteners [erythritol, steviol glycosides from stevia], cocoa butter, emulsifier [sunflower lecithin], flavoring), buckwheat flour, sweetener (erythritol)	
Egg yolk	Yeast
Plant fibers (psyllium husk powder, bamboo fiber)	Acidity regulators (apple cider vinegar /sulfites/, citric acid)
Cinnamon	Salt
Natural flavors	Bulking agent (sodium bicarbonate)

*The product may contain traces of sesame seeds, mustard seeds, celery and lupins.

SOMLÓ SPONGE CAKE



Gluten-free

Lactose-free

Soy-free

Made with sweetener



Gluten-free



Soy-free



Lactose-free

Product Description:

- Gluten-free, fully baked, quick-frozen bakery product.
- 125 g.
- Made with sweetener
- After thawing, it can be consumed within 5 days if stored in the refrigerator (0-5 °C)
- FB: fully baked frozen product. Only requires thawing at room temperature and is ready to eat. (no need to bake further)

Nutritional value

Average nutritional value	in 100 g product
Energy:	980 kJ/236 kcal
Fat:	17,9 g
*in which saturated fatty acids:	8,2 g
Carbohydrate:	12,3 g
*of which sugars:	6,2 g
*of which polyols:	3,4 g
Fiber:	2,8 g
Protein:	8,5 g
Salt:	0,2 g

Ingredients

Ingredients	
Lactose-free heavy cream	Egg
Lactose-free milk	Egg yolk
Fruit extract	Walnut
Almond flour	Drinking water
Sweeteners (erythritol)	Raisins
Bulking agent (sodium bicarbonate)	
Cocoa powder (20-22% fat content)	
Gelling agent (gelatin)	Aromas

*The product may contain traces of sesame seeds, mustard seeds, celery, sulfites, and lupins.

PANNA COTTA



- Gluten-free
- Dairy-free
- Vegan
- Soy-free

 Gluten-free

 Dairy-free

 Soy-free

 Vegan

 Egg-free

Product description:

- Vegan dessert with sweeteners.
- Gluten-free, lactose-free, dairy-free, egg-free, soy-free, and vegan product.
- 180 g.
- FB: fully baked frozen product. Only requires thawing at room temperature and is ready to eat. (no need to bake further)

Nutritional value

Average nutritional value	in 100 g product
Energy:	342 kJ/83 kcal
Fat:	7,2 g
*in which saturated fatty acids:	6,8 g
Carbohydrate:	11,1 g
*of which sugars:	1,8 g
*of which polyols:	8,0 g
Fiber:	0,6 g
Protein:	0,9 g
Salt:	0,3 g

Ingredients

Ingredients	
Drinking water	
Coconut cream (natural coconut cream /99.9%/, stabilizers (xanthan gum, guar gum, carrageenan))	
Forest fruit mix (red currant, black currant, raspberry, blackberry)	
Sweeteners (erythritol, steviol glycosides from stevia)	
Thickener (xanthan gum)	Aromas
Salt	

*The product may contain traces of sesame seeds, mustard seeds, celery, nuts, sulfites and lupins.

CHESTNUT FIG CAKE



- Gluten-free
- Vegan
- Soy-free
- Dairy-free



Gluten-free



Soy-free



Egg-free



Vegan



Dairy-free

Termékleírás:

- Gluten-free, vegan, soy-free confectionery product.
- 16x108 g
- FB: fully baked frozen product. Only requires thawing at room temperature and is ready to eat. (no need to bake further)

Nutritional value

Average nutritional value	in 100 g product
Energy:	947Kj/226kcal
Fat:	9,2 g
*in which saturated fatty acids:	7,9 g
Carbohydrate:	30,0 g
*of which sugars:	16,1 g
Fiber:	7,4 g
Protein:	2,3 g
Salt:	0,1 g

Ingredients

Ingredients	
Coconut cream (natural coconut cream /99.9%/, stabilizers (xanthan gum, guar gum, carrageenan))	
Chestnut (21%)	
Fig jam (fig /65%/, inulin, natural fruit syrup extract, fruit extract, thickener /pectin/) (16%)	
Fruit extract	Drinking water
Oat flakes flour	
Vanilla pudding powder (arrowroot flour, bamboo fiber, coconut milk powder /coconut (80%)	
Tapioca syrup	Emulsifiers (mono- and diglycerides of fatty acids, dipotassium phosphate)
Hydrolyzed starch	Alpha-cyclodextrin
Anti-caking agent (silica), thickening agents (konjac gum, xanthan gum), turmeric, Bourbon vanilla powder (0.5%), psyllium husk flour, natural flavoring	
Desiccated coconut	Tapioca starch
Aromas	100% lemon juice
Cocoa powder (20-22% fat content)	Bulking agent (sodium bicarbonate)
Acidity regulator (apple cider vinegar /sulfites/)	Lemon zest
Ground cinnamon	Salt
Thickener (agar agar)	

*The product may contain traces of sesame seeds, mustard seeds, celery, nuts and lupins.

PARISIAN CHOCOLATE CAKE



- Gluten-free
- Dairy-free
- Vegan
- Soy-free

 Gluten-free  Soy-free  Egg-free  Vegan  Dairy-free

Product Description:

- Gluten-free, vegan, soy-free confectionery product.
- 8x139 g
- FB: fully baked frozen product. Only requires thawing at room temperature and is ready to eat. (no need to bake further)

Nutritional value

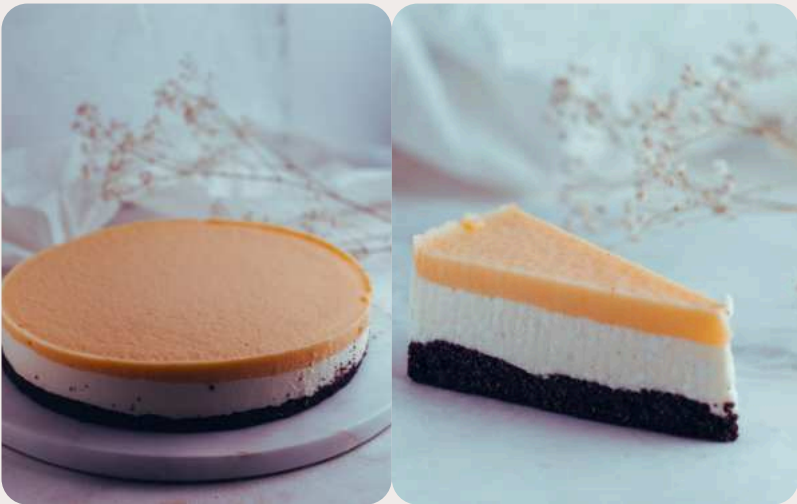
Average nutritional value	in 100 g product
Energy:	1530 Kj/369 kcal
Fat:	27,2 g
*in which saturated fatty acids:	17,8 g
Carbohydrate:	21,5 g
*of which sugars:	14,4 g
Fiber:	5,9 g
Protein:	6,6 g
Salt:	0,1 g

Ingredients

Ingredients	
Fruit extract	
Coconut cream (natural coconut cream /99.9%/, stabilizers (xanthan gum, guar gum, carrageenan))	
Cocoa powder (20-22% fat content) (11%)	
Margarine with 80% fat content (palm fat, rapeseed oil, water)	
Coconut oil	Almond flour
Drinking water	Sliced almonds
Cocoa nibs (1,6%)	Tapioca starch
Bulking agent (sodium bicarbonate)	
Aromas	
Salt	

*The product may contain traces of sesame seeds, mustard seeds, celery, sulfites, and lupin.

CURD-POPPY SEED-LEMON CAKE



Gluten-free

Lactose-free

Soy-free

Made with sweetener



Gluten-free



Lactose-free



Soy-free

Termékleírás:

- Gluten-free, lactose-free confectionery product with sweetener.
- It does not contain added sugar
- 12x110 g
- FB: fully baked frozen product. Only requires thawing at room temperature and is ready to eat. (no need to bake further)

Nutritional value

Average nutritional value	in 100 g product
Energy:	730 Kj/176 kcal
Fat:	14,9 g
*in which saturated fatty acids:	7,0 g
Carbohydrate:	11,3 g
*of which sugars:	1,5 g
*of which polyols:	8,9 g
Fiber:	0,3 g
Protein:	8,0 g
Salt:	0,2 g

Ingredients

Ingredients	
Lactose-free cottage cheese (pasteurized milk , rennet, lactase enzyme) (27%)	
Egg	
Lactose-free heavy cream (heavy cream , lactase enzyme)	
Organic lemon juice (13%)	Ground poppy seeds (12%)
Sweeteners (erythritol)	Margarine with 80% fat content (palm fat, rapeseed oil, water)
Gelling agent (gelatin)	Lemon zest
Salt	

*The product may contain traces of sesame seeds, mustard seeds, celery, nuts, sulfites and lupins.

CHEESECAKE



Gluten-free

Lactose-free

Soy-free

Made with sweetener



Gluten-free



Lactose-free



Soy-free

Product Description:

- Gluten-free, lactose-free confectionery product with sweetener.
- It does not contain added sugar
- 12x102 g
- FB: fully baked frozen product. Only requires thawing at room temperature and is ready to eat. (no need to bake further)

Nutritional value

Average nutritional value	in 100 g product
Energy:	733KJ/176 kcal
Fat:	12,7 g
*in which saturated fatty acids:	9,8 g
Carbohydrate:	21,4 g
*of which sugars:	2,9 g
*of which polyols:	12,2 g
Fiber:	0,3 g
Protein:	6,2 g
Salt:	0,7 g

Ingredients

Ingredients	
Lactose-free cream cheese (buttermilk, heavy cream, salt, lactase enzyme, lactic acid bacteria cultures) (42%)	
Egg	
Sweeteners (erythritol, steviol glycosides from stevia)	
Lactose-free sour cream (heavy cream, lactase enzyme, culture)	
Lactose-free heavy cream (heavy cream, stabilizer/carrageenan, lactase enzyme)	
Banana	Oat flakes flour
Egg yolk liquid	Tapioca starch
Oat	
100% orange juice (reconstituted from concentrate)	
100% lemon juice	Salt
Bulking agent (sodium bicarbonate)	

*The product may contain traces of sesame seeds, mustard seeds, celery, nuts, sulfites and lupins.

MANGO - CITRUS CHEESECAKE



- Gluten-free
- Lactose-free
- Soy-free
- Made with sweetener

 Gluten-free

 Lactose-free

 Soy-free

Product Description:

- Gluten-free, lactose-free confectionery product with sweetener.
- It does not contain added sugar
- 12x130 g
- FB: fully baked frozen product. Only requires thawing at room temperature and is ready to eat. (no need to bake further)

Nutritional value

Average nutritional value	in 100 g product
Energy:	673KJ/162 kcal
Fat:	10,9 g
*in which saturated fatty acids:	8,4 g
Carbohydrate:	19,8 g
*of which sugars:	4,8 g
*of which polyols:	9,7 g
Fiber:	0,7 g
Protein:	5,5 g
Salt:	0,6 g

Ingredients

Ingredients	
Lactose-free cream cheese (buttermilk, heavy cream , salt, lactase enzyme, lactic acid bacteria cultures) (34%)	
Mango pulp (100% mango) (14%)	
Sweeteners (erythritol, steviol glycosides from stevia)	
Egg	
Lactose-free sour cream (heavy cream , lactase enzyme, culture)	
100% Lemon juice (5,4%)	
Lactose-free heavy cream (heavy cream , stabilizer/carrageenan, lactase enzyme)	
Banana	Oat flakes flour
Egg yolk liquid	Tapioca starch
Oat flakes	
100% orange juice (reconstituted from concentrate) (1,1%)	
Desiccated coconut	Gelatin
Salt	Bulking agent (sodium bicarbonate)

*The product may contain traces of sesame seeds, mustard seeds, celery, nuts, sulfites and lupins.



DELIVERY FEE TABLE

Budapest (All Districts)	
Order Value (net)	Delivery Fee
50.000 - 100.000 Ft	1490 Ft
100.001 - 250.000 Ft	990 Ft
250.001 Ft -	Free
Pest County (Budapest Agglomeration) Within a 30 km radius from the 0-kilometer stone	
50.000 - 100.000 Ft	4490 Ft
100.001 - 250.000 Ft	2490 Ft
250.001 Ft -	Free
In case of personal pickup, the pickup fee is 599 HUF. The personal pickup will take place after notification. *Cash and card payments are not possible at our warehouse, and purchases can only be made for products that have been paid for in advance. * Address: 1106 Budapest, Jászberényi út 47/a * Opening hours: Monday to Friday from 08:00 to 16:00	

CONTACT



EXPORT SALES MANAGER
RÉKA ERDŐS

+36 30 251 4494

SALES@SZAFI-PRODUCTS.HU
